



Swim Wales
Volunteer Programme

Welcome to Swim Wales Volunteer Programme

Volunteers are essential in aquatics

The sport of aquatics relies on volunteers to offer their time and wide range of skills within the sport. Without their ongoing commitment, Swim Wales would be unable to continue offering the high quality services and opportunities it does today. Swim Wales can offer a wide range of volunteer opportunities for all ages, so there is something for everyone to be involved in.

This pack includes information on the different volunteer pathways to follow and how to get involved. The diagram on the back shows the process of application. Entry level is dependant on qualification and experience. No matter how much time you can spare there will always be a place for you!

We hope you enjoy reading this pack and we welcome you to join us. We are here to make sure you choose the right pathway.

For more information or questions please contact:

Leisa Forrest | Volunteer co-ordinator

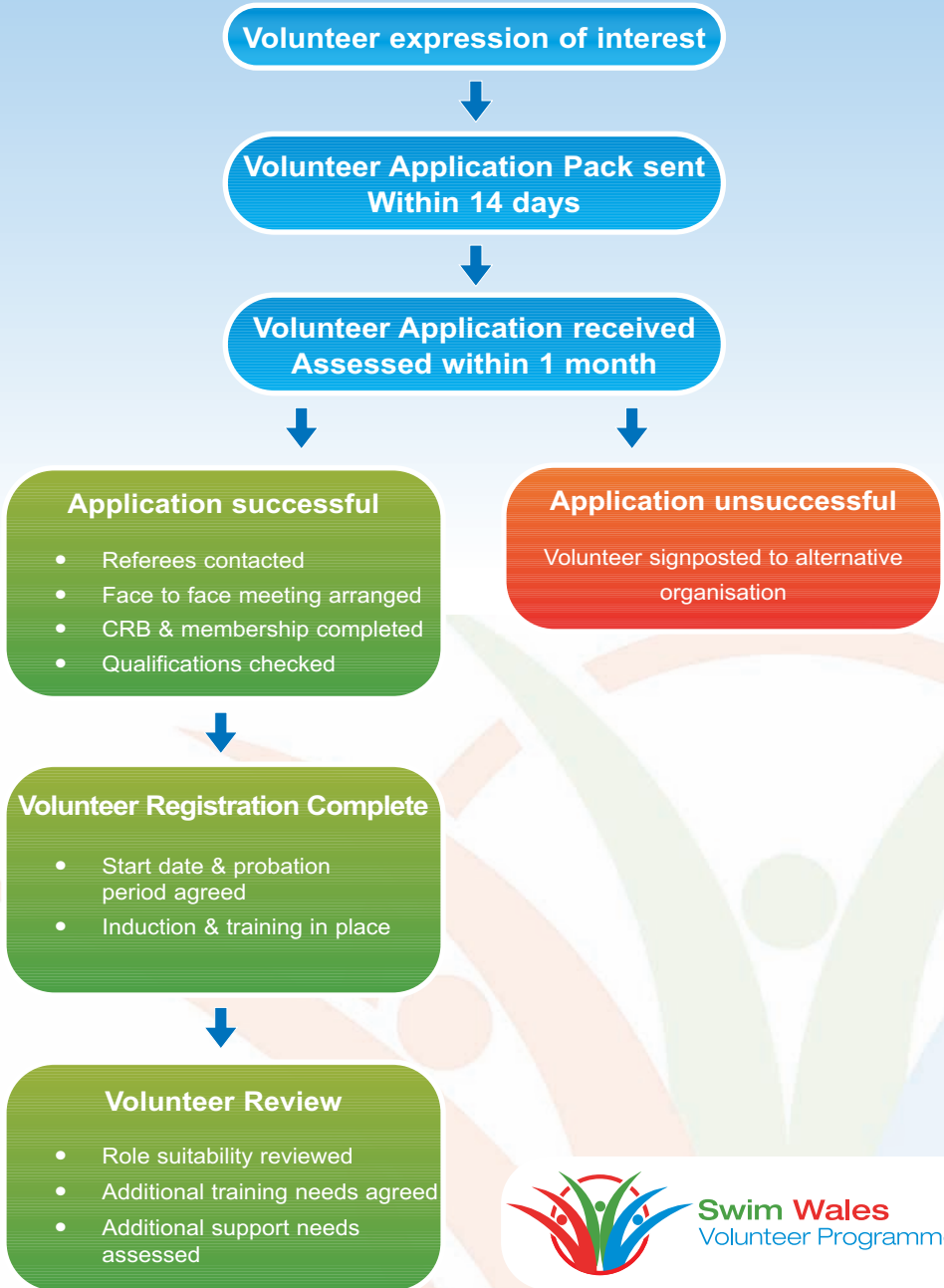
Tel: 01792 513633

Email: leisa.forrest@welshasa.co.uk

Web: www.welshasa.co.uk/volunteers

Swim Wales Volunteer Application Process

Interest - deployment





Swim Wales
Volunteer Programme

Swim Wales Volunteer Hour Bank

Swim Wales 'Hour Bank' is a volunteer database to record and monitor the number of hours nationally registered volunteers are giving to swimming and to recognise this commitment

All volunteers who contribute to Swim Wales through the volunteer programme can request to be registered. Once registered the 'Hour Bank' accrues the number of voluntary hours on an annual basis.

Volunteers who opt to register on 'Hour Bank' will be provided with unique log in details to access their personal hour recording page.

To recognise these hours certificates will be available; 50 hours, 100 hours, 150 hours, 200 hours, 250 hours, 300 hours. These will also link into the current award systems of Millennium Volunteers & Youth University for under 25's. (Please see the back of this sheet for more information).

The 'Hour Bank' system will allow registered user to request certificates at each milestone through the click of a button, as well as request any promotions on offer. As with a loyalty card, these points can also be collected and credited against 'reward offers' that Swim Wales will be promoting from time to time.

Getting recognised as a volunteer is just 3 easy steps away:

1. Sign up to 'Hour Bank' and receive your unique log in details and web page
2. Record the hours you spend volunteering
3. Request your certificate or promotional item at a click of a button.

It's as easy as that!

Now turn the page to see how the 'Hour Bank' links into other national volunteering award schemes:



GWIRFODDOLWYR Y MILENIWM



MILLENNIUM VOLUNTEERS



Swim Wales
Volunteer Programme

National Volunteer Recognition Scheme's

Youth University Award

Youth University Award (YU) is aimed at 14-19 year olds who are involved in activities outside of school hours.



YU gives recognition to young people, who take part in activities such as, youth clubs, sport & volunteering where new skill development is achieved.

Awards are based on the amount of time spent on the young persons chosen activity. Each hour is one credit, credits are added up to achieve the following awards:

- 150 credits = bronze award**
- 350 credits = silver award**
- 600 credits = gold award**

Millennium Volunteers Award

Millennium Volunteers is a programme throughout Wales aimed at young people aged 16-24.

Young people are asked to commit to 200 hours of volunteering to achieve the award and receive a signed certificate from the First Minister. A certificate will also be issued at the 50 & 100 hour mark to recognise the time and effort you have put in.

Apart from being a rewarding experience, it shows universities and prospective employers that you are willing to go that extra mile, which looks great on your CV.

GWIRFODDOLWYR Y MILENIWM



MILLENNIUM VOLUNTEERS





Swim Wales
Volunteer Programme

Event organiser/management

Event Organiser

Effectively create, plan & manage successful sports events

Meet Manager

Effectively manage provision of pool deck activities during Level 1 meets

Field of Play Manager

Oversee & manage poolside presentations and dressings during Level 1 meets

Technical Manager

Effective management of Technical Officials during meets

Technology Manager

Management of the technology services required to run the meet

Front of House Manager

Oversee the smooth running of the front of house area during meets

Front of House Support Team Member

Support the smooth running of the front of house services during the meet

Meet Marshall

Effectively record and manage swimmers reporting for events on poolside

Chief Recorder

Manage the withdrawal and records system on poolside during the event

Presentation Co-ordinator

Oversee the smooth running of presentations during the meet

Presentation Support Team Member

Support the smooth running of presentations during the meet

Meet Support Runners

Act as support runners for technology, presentation, marshalling teams during the event



Gala/Event Technical Officials

Timekeeper

Act as a lane timekeeper for each race

Judge 1

Efficiently perform the role of J1 as required by the Technical Manager
Timekeeper, Chief Timekeeper, Inspector of Turns & Chief Inspector of Turns

Judge 2

Efficiently perform the role of J1 as required by the Technical Manager

Starter

Efficiently perform the role of Starter as required by the Technical Manager

Referee

Effectively perform the role of Referee at the event

Team Management

Team Manager - W1

To take responsibility of all aspects of managing a team on non-overnight activities

Team Manager - W2

To take responsibility of all aspects of managing a team on overnight(s) activities

Chaperone

To support the Team Manger in the welfare of all team members under the age of 18

Putting something back

Confidence building

New & Fun interests

Boost career opportunities



Increased knowledge

Local & national Opportunities

NOFIO CYMRU
SWIM WALES

Make new friends

Benefits of Volunteering

Gain experience

Continued professional development

Recognition



Swim Wales
Volunteer Programme

Swim Wales Volunteer Pathway

Local club - National Elite Performance

NATIONAL LEVEL

Coaching
Level 2 & 3

Team Management
Workshop 2

Event management / official
Level 1 meet

REGIONAL LEVEL

Coaching
Level 2 & 3

Team Management
Workshop 2

Event management / official
Level 2 & 3 meets

Club representation

LOCAL LEVEL

Coaching
Level 2 & 3

Team Management
Workshop 2

Event management / official
Level 4 meets

Club development/management