

### Insurance actives and excluded activities

The Welsh ASA civil liability protection provides cover for club members for the following activities:

• Training for competitive Swimming	• Social activities
• Competitive Swimming	• Fund-raising activities
• Learn to Swim	• Administrative, teaching and coaching activities
• Swimming Development Activities	• Recreational swimming

There is a requirement on the Welsh ASA to provide information on approved activities which fall into the above categories.

**The personal accident cover provides cover for members under the age of 75 years of age (restricted cover for those aged between 70 and 75 years of age) providing they are participating in an activity approved by the Welsh ASA.**

The Welsh ASA receive numerous queries regarding which activities are covered by the insurance policy and the members of the Health and Safety Forum have drawn up the following suggested list of **excluded** activities for consultation.

The following list of excluded activities is not exhaustive and if you wish members to participate in any activity under the auspices of your club which are outside the core activities relating to the disciplines of swimming which your club traditionally offers please contact Ash Cox on [insurance.query@swimming.org](mailto:insurance.query@swimming.org). Please note that legal may need to refer the query to the panel of experts appointed by the ASA Health & Safety Committee and therefore you should allow sufficient time for your query to be resolved before organising any such activity.

### Sports

Abseiling	Judo	Rock Climbing	Sub-Aqua
Archery	Martial Arts	Roller Hockey	Water Skiing
Boxing	Motor Racing	Rugby Football	Weight Lifting
Fencing	Mountaineering	Shooting	Wrestling
Flying and Gliding – and other form of aerial activity	Parachuting	Skating	
Horse Riding	Potholing	Skiing and other winter sports	

### Recreational Activities

Balloonng	Cliff Diving	Para-Gliding
Bungee Jumping	Paint Ball Games	Survival and Assault Course Activities

The Welsh ASA is aware that many clubs which do not traditionally offer open water swimming activities may, from time to time, wish to do so and therefore specific guidelines will be drawn up providing advice and guidance on this topic.