



Swim Wales

Club Performance Audit

Aquatic Club – Discipline Competitive Swimming

June 2008





| | Question/Reference | Yes/No | Comments |
|--|--|--------|----------|
| ADP 1 – Aquatic Club (FUNdamentals) | | | |
| 1 | Club Championships | | |
| 2 | Inter Club Competitions | | |
| 3 | Junior Schools Challenge | | |
| 4 | Swim Wales Junior Development Meet | | |
| ADP 2 – Competitive Swim Skills | | | |
| 1 | Club Championships | | |
| 2 | Welsh National Swimming League | | |
| 3 | Swim Wales Sub Regional Championships | | |
| 4 | Swim Wales Junior Development Meet | | |
| 5 | Open Meets (Local) | | |
| 6 | Swim Wales Regional Skills Squad | | |
| ADP 3 – Competitive Development (Training to Train) | | | |
| 1 | Welsh National Swimming League | | |
| 2 | Swim Wales Sub Regional Championships | | |
| 3 | Swim Wales Regional Championships | | |
| 4 | Open Meets | | |
| 5 | Swim Wales Regional Skills Squad | | |
| 6 | Swim Wales Regional Squad | | |
| 7 | Swimmers on Welsh Rankings – top 20 | | |
| ADP 4 – Competitive Training to Compete | | | |
| 1 | Welsh National Swimming League | | |
| 2 | Welsh Age Group & Youth Championships | | |
| 3 | ASA Age Group & Youth Championships | | |
| 4 | Swim Wales National & Youth Squad | | |
| 5 | Swimmers on British Rankings – top 20 | | |
| 6 | Swimmers on Welsh Rankings – top 20 | | |
| ADP 5 – Competitive Training to Win | | | |
| 1 | Swim Wales Dragon Meet | | |
| 2 | ASA National Championships | | |
| 3 | British Swimming National Championships | | |
| 4 | International Championships (Youth & Senior) | | |
| 5 | Swimmers on World Rankings – top 20 | | |
| 6 | Swimmers on European Rankings – top 20 | | |
| 7 | Swimmers on Commonwealth Rankings – top 20 | | |
| 8 | Swimmers on British Rankings – top 20 | | |



| ADP 6 - Miscellaneous Information | | | |
|-----------------------------------|--|--|--|
| 1 | Do you notify members of Welsh and British squad times? | | |
| 2 | Do you support members at Youth Level? | | |
| 3 | Do you support members at Regional Level? | | |
| 4 | Do you support members at Regional Skills 1 Level? | | |
| 5 | Do you support members at Regional Skills 2 Level? | | |
| 6 | Annual Training Plan for the forthcoming season | | |
| 7 | Annual Competition Plan for the forthcoming season to compliment the annual training plan. | | |

NOTES

- Performances to be achieved long course to achieve ADP-4 with the exception of the Welsh National League.
- Performances to be achieved long course to achieve ADP-5
- A minimum of 6 months training within the club or performance centre training programme under the control of the Club or Centre Coach is required before a swimmer can claimed as a “qualifying swimmer”.
- Clubs achieving Performance Levels 3, 4 or 5 will have to submit there proposed plans and objectives for the forthcoming season to the National Performance Director for acceptance and authorization prior to allocation of funding that may be available.
- For performance levels 3, 4 or 5 a Performance Club can include in the application, the performance of the constituted clubs swimmers.

