

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
MENS								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m BREASTSTROKE								
S	18-24	Tony	DAVIES	1984	Cardiff Masters	45.15	Cardiff I.S.V.	May-08
A	25-29	Ross	NORGROVE	1968	Gwent Police	32.21	WEP Cardiff	1993
B	30-34	David	MORGAN	1975	G.B. Police	31.85	WNP Swansea	Mar-08
C	35-39	David	MORGAN	1975	G.B. Police	32.07	WNP Swansea	Mar-11
D	40-44	Paul	JENKINS	1953	CLAMS	32.28	WEP Cardiff	1993
E	45-49	Walter	SYRETT	1959	Pontypool	33.49	WNP Swansea	Mar-07
F	50-54	Walter	SYRETT	1959	Pontypool	33.55	Cardiff I.S.V.	Jun-09
G	55-59	Bill	CADDICK	1947	CLAMS	37.71	WNP Swansea	Jun-03
H	60-64	James	ARTHUR	1948	Swansea Valley	39.79	Cardiff I.S.V.	May-09
J	65-69	Andrew	FAWCETT	1943	Cardiff Masters	44.15	WNP Swansea	Mar-08
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	44.89	Glasgow	Jun-10
L	75-79	Edward	LLOYD	1931	Wrexham	46.47	Manchester	Jun-06
M	80-84	William G	JONES	1912	Ogwr	1.01.23	WEP Cardiff	1993
N	85-89							
O	90-94							
100m BREASTSTROKE								
S	18-24	Ian	TAPLEY	1983	Holywell	1.07.99	WNP Swansea	Jun-03
A	25-29	Ross	NORGROVE	1968	Gwent Police	1.12.74	WEP Cardiff	1993
B	30-34	David	MORGAN	1975	G.B. Police	1.10.99	WNP Swansea	Mar-08
C	35-39	David	MORGAN	1975	G.B. Police	1.12.55	WNP Swansea	Mar-11
D	40-44	Paul	JENKINS	1953	CLAMS	1.15.83	WEP Cardiff	1993
E	45-49	Walter	SYRETT	1959	Pontypool	1.16.33	WNP Swansea	Mar-04
F	50-54	Walter	SYRETT	1959	Pontypool	1.15.55	Cardiff I.S.V.	Jun-09
G	55-59	James	ARTHUR	1948	Swansea Valley	1.25.49	WNP Swansea	Jun-03
H	60-64	James	ARTHUR	1948	Swansea Valley	1.27.39	Cardiff I.S.V.	Jun-09
J	65-69	Robert	LLOYD-EVANS	1942	Poole	1.40.92	WNP Swansea	Mar-08
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.43.93	WNP Swansea	Mar-11
L	75-79	Les	STAGG	1932	CLAMS	1.57.42	WNP Swansea	Mar-07
M	80-84	Baz	OWEN	1930	Arfon Masters	2.20.23	WNP Swansea	Mar-10
N	85-89							
O	90-94							
200m BREASTSTROKE								
S	18-24	Ian	TAPLEY	1983	Holywell	2.27.25	WNP Swansea	Jun-03
A	25-29	Andrew	LOCKYER	1968	CLAMS	2.47.32	WEP Cardiff	1996
B	30-34	David	MORGAN	1975	G.B. Police	2.39.16	WNP Swansea	Mar-08
C	35-39	Geoff	BODDIE	1973	GB.Police/Holywell	2.38.70	Leeds	Jun-11
D	40-44	Paul	JENKINS	1953	CLAMS	2.45.67	Europeans	1993
E	45-49	Walter	SYRETT	1959	Pontypool	2.49.40	WNP Swansea	Mar-04
F	50-54	Walter	SYRETT	1959	Pontypool	2.45.70	Cardiff I.S.V.	Jun-09
G	55-59	James	ARTHUR	1948	Swansea Valley	3.04.83	WNP Swansea	Jun-03
H	60-64	James	ARTHUR	1948	Swansea Valley	3.11.13	Cardiff I.S.V.	May-08
J	65-69	Robert	LLOYD-EVANS	1942	Poole	3.36.60	WNP Swansea	Mar-07
K	70-74	Baz	OWEN	1930	Arfon Masters	4.03.24	Munich	2000
L	75-79	Les	STAGG	1932	CLAMS	4.21.09	WNP Swansea	Mar-07
M	80-84	John	DAVIS	1924	Fox Hollies	4.38.29	WNP Swansea	Mar-04
N	85-89							
O	90-94							
SMR	30/06/11							

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
MENS								
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE	
400m FREESTYLE								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	4.32.34	Manchester	Jun-07
A	25-29	Stuart	MORRISH	1967	Newport Maindee	4.26.79	Crystal Palace	1995
B	30-34	Calvin	HARRIS	1965	Pontypool	4.37.41	WEP Cardiff	1997
C	35-39	Stuart	MORRISH	1967	Hereford	4.36.57	WNP Swansea	Jun-03
D	40-44	Jonathan	HOPKINS	1960	Swansea Valley	4.43.11	WNP Swansea	Jun-03
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	4.53.72	WNP Swansea	Mar-08
F	50-54	Jonathan	HOPKINS	1960	Swansea Valley	5.06.25	WNP Swansea	Mar-10
G	55-59	Malcolm	WILSON	1953	Cardiff Masters	5.34.74	Cardiff I.S.V.	Jun-09
H	60-64	James	ARTHUR	1948	Swansea Valley	5.334.73	Cardiff I.S.V.	May-11
J	65-69	Cyril	THOMAS	1938	Bridgend Cty	5.43.25	WNP Swansea	Jun-03
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	6.24.15	Crawley	Jan-10
L	75-79	Graham	HUXTABLE	1916	Welsh G'oldfish	7.51.21	WEP Cardiff	1993
M	80-84	Ernest	CLEMETT	1917	St. Austell	9.02.98	WEP Cardiff	1997
N	85-89	Bill	DODGSON	1920	Individual	8.46.02	WNP Swansea	May-05
O	90-94							
800m FREESTYLE								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	9.38.40	Manchester	Jun-07
A	25-29	Justin	PALFREY	1971	C o Cardiff	9.09.76	WEP Cardiff	1997
B	30-34	Calvin	HARRIS	1965	Pontypool	9.41.63	WEP Cardiff	1998
C	35-39	Stuart	MORRISH	1967	Hereford	9.29.14	WNP Swansea	Jun-03
D	40-44	Jonathan	HOPKINS	1960	Swansea Valley	10.03.29	WNP Swansea	Jun-03
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	10.09.42	WNP Swansea	Mar-08
F	50-54	Jonathan	HOPKINS	1960	Individual	10.18.16	WNP Swansea	Mar-11
G	55-59	Paul	CARR	1952	Individual	11.45.54	WNP Swansea	Feb-09
H	60-64	James	ARTHUR	1948	Swansea Valley	11.42.82	WNP Swansea	Mar-11
J	65-69	Cyril	THOMAS	1938	Bridgend Cty	12.03.30	WNP Swansea	Jun-03
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	13.25.18	WNP Swansea	Mar-10
L	75-79	Gersom	WILLIAMS*	1932	Individual	26.10.62	WNP Swansea	Feb-09
M	80-84	Ernest	CLEMETT	1917	St. Austell	18.25.84	WEP Cardiff	1997
N	85-89	Bill	DODGSON	1920	Individual	18.22.52	WNP Swansea	May-05
O	90-94							
1500m FREESTYLE								
S	18-24	David	VAUGHAN	1985	Swansea Valley	20.40.28	WNP Swansea	Mar-06
A	25-29	Stuart	MORRISH	1967	Newport Maindee	17.48.85	Crystal Palace	1995
B	30-34	Calvin	HARRIS	1965	Pontypool	18.23.05	Coventry	1999
C	35-39	Stuart	MORRISH	1967	Hereford	18.11.53	WNP Swansea	Jun-03
D	40-44	Peter	BEAUMONT	1969	David Lloyd	19.15.16	WNP Swansea	Mar-11
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	19.35.63	WNP Swansea	Feb-09
F	50-54	Kevin	PULLIN	1958	S.W Police	20.51.36	WNP Swansea	Feb-09
G	55-59	Cyril	THOMAS	1938	Ogwr	21.25.05	WEP Cardiff	1993
H	60-64	James	ARTHUR	1948	Swansea Valley	22.29.14	WNP Swansea	Feb-09
J	65-69	Cyril	THOMAS	1938	Bridgend Cty	22.53.41	WNP Swansea	Jun-03
K	70-74	Errol	ALEXIS	1936	CLAMS	29.30.26	WNP Swansea	Mar-07
L	75-79	Graham	HUXTABLE	1916	Welsh G'oldfish	30.37.32	Crystal Palace	1992
M	80-84	Ernest	CLEMETT	1917	St.Austell	35.52.91	Glasgow	1998
N	85-89	Bill	DODGSON	1920	Individual	35.29.09	WNP Swansea	Apr-05
O	90-94							
SMR	30/06/11							

SWIM WALES				
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				
MEN				
4x50m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs	CLAMS	1.41.82	WNP Swansea	Jun-03
	D. Jones : D. Tonge : M. Jackson : M. Tait			
100-119yrs	CLAMS	1.50.63	WEP Cardiff	1990
120-159yrs	CLAMS	1.49.80	WEP Cardiff	1990
160-199yrs	Pembroke	1.48.12	WNP Swansea	Jun-03
	A. Shortman : M. James : J. Richards : N. Goddard			
200-239yrs	CLAMS	1.55.24	WNP Swansea	Jun-03
	B. Caddick : R. Thomas : P. Godfrey : P. Gore			
240-279yrs	Bridgend County	2.11.74	WNP Swansea	Jun-03
	M. Smith : C. Thomas : G. Thomas : Gwyn Thomas			
280-319yrs				
320-359yrs				
SMR	30/06/11			
4x100m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs	CLAMS	5.58.40	Cardiff I.S.V.	May-10
	Steve Gage : Alexei Zhurov : Les Stagg : Errol Alexis			
280-319yrs				
320-359yrs				
4 x 200m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
SMR	30/06/11			

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				
WOMEN				
4x50m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs	CLAMS	2.01.33	WEP Cardiff	1996
120-159yrs	CLAMS	1.58.39	Sheffield	1996
160-199yrs	Cardiff Masters	2.10.12	Cardiff I.S.V.	May-11
	Marie Concannon : Heidy Arnot : Rhian Andrews : Allie Price			
200-239yrs	Cardiff Masters	2.29.19	Cardiff I.S.V.	May-10
	Clare Parry : Elsa Stewart : Ceri Thomas : Elaine Harrison			
240-279yrs	CLAMS	3.32.34	WEP Cardiff	1996
280-319yrs				
320-359yrs				
4x100m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs	CLAMS	5.12.83	Cardiff I.S.V.	May-10
	Melissa Blyth : Andrea Powell : Charmaine Kinson : Jassa Scott			
160-199yrs	Cardiff Masters	4.52.08	Cardiff I.S.V.	May-10
	Ceri Thomas : Allie Price : Sian Wilson : Rhian Andrews			
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
SMR	30/06/2011			
SWIM WALES				
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				

4x50m MIXED FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs	CLAMS	1.46.44	Cardiff I.S.V .	May-08
	D. Laxton : C. North : E. North : A. Rattenbury			
100-119yrs	CLAMS	2.09.47	WEP Cardiff	1997
	M.McKinnell : P. Griffiths : A. Williams : P. Lewis			
120-159yrs	CLAMS	1.55.96	WEP Cardiff	1997
	M.McKinnell : G. Carter : N. Cumbers : I. Lundy			
160-199yrs	CLAMS	2.04.60	WEP Cardiff	1997
	H. Lia : B. Caddick : Ch. Parry : G. Carter			
200-239yrs	CLAMS	2.05.84	WNP Swansea	Jun-03
	B. Caddick : R. Thomas : A. Williams : J. Crayford			
240-279yrs	Cardiff Masters	2.47.99	WNP Swansea	Mar-08
	M. Wilson : A. Wardell : A. Fawcett : E. Stewart			
280-319yrs	CLAMS	3.44.69	WNP Swansea	Jun-03
	L. Stagg : E. Alexis : V. Batten : E. Godsall			
320-359yrs				
4x100m MIXED FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
4x200m MIXED FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-99yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
SMR	30/06/11			
SWIM WALES				
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				
MIXED				
4x50m MIXED MEDLEY TEAM				

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m BREASTSTROKE								
S	18-24	Louise	HENLEY	1985	Swansea Perf	33.27	WNP Swansea	Mar-08
A	25-29	Sarah	JAMES	1975	Cardiff Masters	37.29	WNP Swansea	Jun-03
B	30-34	Maxine	McKINNELL	1967	CLAMS	36.01	WEP Cardiff	1997
C	35-39	Kathryn	OWENS	1974	Individual	39.21	WNP Swansea	Mar-09
D	40-44	Allie	PRICE	1965	Cardiff Masters	41.40	WNP Swansea	Feb-09
E	45-49	Jane	GILES	1964	Denbigh Dragons	39.20	WNP Swansea	Mar-09
F	50-54	Julie	CRAYFORD	1948	Barry	40.28	Munich	2000
G	55-59	Julie	CRAYFORD	1948	CLAMS	41.11	Riccione	Jun-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	42.89	Sydney/Australia	Oct-09
J	65-69	Ann	WARDELL	1938	Cardiff Masters	58.80	WNP Swansea	May-05
K	70-74	Edna	DILWORTH	1925	Arfon Masters	57.31	WEP Cardiff	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	1.00.75	Munich	2000
M	80-84	Kathy	CLAPP	1924	Connah's Quay	1.11.88	Manchester	Apr-04
N	85-89	Emily	GODSALL	1917	CLAMS	1.40.26	WNP Swansea	Mar-04
O	90-94							
100m BREASTSTROKE								
S	18-24	Louse	HENLEY	1985	Swansea Perf	1.14.04	WNP Swansea	Mar-08
A	25-29	Louise	HENLEY	1985	City of Cardiff	1.15.61	WNP Swansea	Mar-10
B	30-34	Kathryn	OWENS	1974	C o Derby	1.23.87	Riccione	Jun-04
C	35-39	Lesley	WILDE	1959	Rhyl	1.25.34	Sheffield	1996
D	40-44	Allie	PRICE	1965	Cardiff Masters	1.33.72	WNP Swansea	Mar-09
E	45-49	Jane	GILES	1964	Denbigh Dragons	1.27.13	WNP Swansea	Mar-10
F	50-54	Julie	CRAYFORD	1948	Nofio Cwmru	1.34.71	Crystal Palace	2000
G	55-59	Julie	CRAYFORD	1948	Nofio Cwmru	1.32.95	Manchester	Apr-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	1.39.29	Manchester	Jun-08
J	65-69	Valerie	PALMER	1942	Caldicot	2.10.78	Manchester	Jun-07
K	70-74	Edna	DILWORTH	1925	Arfon Masters	2.11.34	WEP Cardiff	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	2.18.22	Glasgow	2001
M	80-84	Emily	GODSALL	1917	CLAMS	3.18.19	WEP Cardiff	1997
N	85-89	Emily	GODSALL	1917	Nofio Cwmru	3.50.70	Christchurch NZ	2002
O	90-94							
200m BREASTSTROKE								
S	18-24	Kathryn	PHILLIPS	1983	Cwmbran	3.37.33	WNP Swansea	Mar-04
A	25-29	Louise	HENLEY	1985	City of Cardiff	2.43.69	WNP Swansea	Mar-10
B	30-34	Sarah	BORLEY	1962	CLAMS	3.01.54	Crystal Palace	1992
C	35-39	Helen	PACKMAN	1973	Bridgend Cty	3.09.53	WNP Swansea	Mar-08
D	40-44	Anne	WILLIAMS	1957	Brecon	3.22.92	Leeds	1997
E	45-49	Julie	CRAYFORD	1948	Barry	3.22.98	WEP Cardiff	1996
F	50-54	Julie	CRAYFORD	1948	Barry	3.22.71	S.Counties	2001
G	55-59	Julie	CRAYFORD	1948	Nofio Cymru	3.21.76	Manchester	Apr-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.40.72	Manchester	Jun-08
J	65-69	Valerie	PALMER	1942	Caldicot	4.45.99	Kranj	Sept 07
K	70-74	Edna	DILWORTH	1925	Arfon Masters	4.37.04	Sheffield	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	5.02.39	Munich	2000
M	80-84	Emily	GODSALL	1917	CLAMS	7.25.62	Prague	1997
N	85-89	Emily	GODSALL	1917	CLAMS	8.19.05	WNP Swansea	Jun-03
O	90-94							
SMR	30/06/11							

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE	
50m FREESTYLE								
S	18-24	Gemma	SIMS	1982	Carmarthen	31.02	WNP Swansea	Jun-03
A	25-29	Maxine	LOCK	1967	CLAMS	27.93	Sheffield	1996
B	30-34	Maxine	McKINNELL	1967	CLAMS	27.97	WEP Cardiff	1997
C	35-39	Sarah	VALE	1975	Llantrisant	29.43	WNP Swansea	Mar-10
D	40-44	Allie	PRICE	1967	Cardiff Masters	30.64	Cardiff I.S.V.	Jun-09
E	45-49	Allie	PRICE	1967	Cardiff Masters	31.20	Cardiff I.S.V.	May-10
F	50-54	Julie	CRAYFORD	1948	Nofio Cymru	33.19	Crystal Palace	2000
G	55-59	Julie	CRAYFORD	1948	CLAMS	34.59	WNP Swansea	Mar-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	35.50	Cardiff I.S.V.	May-08
J	65-69	Helen	HUGHES	1942	Arfon Masters	44.71	Cardiff I.S.V.	Jun-09
K	70-74	Vivien	BATTEN	1925	CLAMS	50.72	Sheffield	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	53.24	Glasgow	2001
M	80-84	Vivien	BATTEN	1925	CLAMS	1.07.71	WNP Swansea	Mar-08
N	85-89	Vivien	BATTEN	1925	CLAMS	1.22.47	WNP Swansea	Mar-10
O	90-94							
100m FREESTYLE								
S	18-24	Sian	BOULTON	1986	Swansea Uni	1.01.44	WNP Swansea	Mar-07
A	25-29	Maxine	LOCK	1967	CLAMS	1.01.26	Sheffield	1996
B	30-34	Sarah	VALE	1975	Llantrisant	1.03.54	WNP Swansea	Mar-07
C	35-39	Sarah	VALE	1975	Llantrisant	1.04.87	Cardiff I.S.V.	May-10
D	40-44	Gill Windle	<i>Allie Price</i>	64/65	<i>Arfon/Cardiff Masters</i>	1.08.51	<i>Manchester/Cardiff IS</i>	2008-Jun-09
E	45-49	Allie	PRICE	1965	Cardiff Masters	1.08.60	WNP Swansea	Mar-10
F	50-54	Stel	FARRAR	1959	Arfon Masters	1.15.86	Cardiff I.S.V.	Jun-09
G	55-59	Julie	CRAYFORD	1948	CLAMS	1.21.27	Millau	Aug-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	1.20.57	Cardiff I.S.V.	May-08
J	65-69	Helen	HUGHES	1942	Arfon Masters	1.32.78	Cardiff I.S.V.	Jun-09
K	70-74	Ann	WARDELL	1938	Cardiff Masters	2.06.83	Cardiff I.S.V.	May-08
L	75-79	Edna	DILWORTH	1925	Arfon Masters	2.14.72	Manchester	Apr-04
M	80-84	Kathy	CLAPP	1924	Connah's Quay	2.20.89	Manchester	Apr-04
N	85-89	Viv	BATTEN	1928	CLAMS	3.32.94	WNP Swansea	Mar-10
O	90-94							
200m FREESTYLE								
S	18-24	Vicki	WHITE	1983	Cardiff Masters	2.30.75	WNP Swansea	Mar-04
A	25-29	Sarah	DAVIES	1975	Reading	2.20.02	Crystal Palace	Apr-03
B	30-34	Heidi	LIA	1962	CLAMS	2.27.16	Crystal Palace	1992
C	35-39	Sarah	VALE	1975	Llantrisant	2.22.23	WNP Swansea	Mar-10
D	40-44	Heidy	ARNOTT	1967	Cardiff Masters	2.35.24	Cardiff I.S.V.	May-08
E	45-49	Allie	PRICE	1965	Cardiff Masters	2.32.07	WNP Swansea	Mar-11
F	50-54	Stel	FARRAR	1959	Arfon Masters	2.37.93	Cardiff I.S.V.	Jun-09
G	55-59	Julie	CRAYFORD	1948	CLAMS	2.52.10	Millau	Aug-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	2.59.09	Cardiff I.S.V.	May-08
J	65-69	Helen	HUGHES	1942	Arfon Masters	3.35.84	WNP Swansea	Mar-09
K	70-74	Vivien	BATTEN	1925	CLAMS	4.35.08	Sheffield	1996
L	75-79	Vivien	BATTEN	1925	Nofio Cymru	5.06.73	Crystal Palace	2002
M	80-84	Vivien	BATTEN	1925	CLAMS	6.58.77	WNP Swansea	Mar-08
N	85-89							
O	90-94							
		continuing						

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
		NAME	YoB	CLUB	TIME	VENUE	DATE	
400m FREESTYLE								
S	18-24	Laura	ROBERTS	1983	CLAMS	5.46.39	Manchester	Jun-07
A	25-29	Sarah	DAVIES	1975	Reading	4.59.26	WNP Swansea	Jun-03
B	30-34	Heidi	LIA	1962	CLAMS	5.07.94	Crystal Palace	1992
C	35-39	Sarah	VALE	1975	Llantrisant	5.15.22	Cardiff I.S.V.	May-10
D	40-44	Allie	PRICE	1965	Cardiff Masters	5.32.37	WNP Swansea	Feb-09
E	45-49	Allie	PRICE	1965	Cardiff Masters	5.21.50	WNP Swansea	Mar-10
F	50-54	Stel	FARRAR	1959	Arfon Masters	5.28.10	WNP Swansea	Mar-10
G	55-59	Julie	CRAYFORD	1948	CLAMS	5.55.51	Millau	Aug-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	6.19.23	WNP Swansea	Mar-08
J	65-69	Margaret	WEARE	1944	Caldicot	9.27.36	WNP Swansea	Mar-10
K	70-74	Edna	DILWORTH	1925	Arfon Masters	8.51.58	WEP Cardiff	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	10.01.30	WNP Swansea	Jun-03
M	80-84							
N	85-89							
O	90-94							
800m FREESTYLE								
S	18-24	Rebecca	GRIFFITHS	1985	Heads/Valleys	11.32.50	WNP Swansea	Mar-06
A	25-29	Julie	GILKES	1971	Bracknell	10.21.90	Crystal Palace	2000
B	30-34	Heidi	LIA	1962	CLAMS	10.29.52	Crystal Palace	1992
C	35-39	Mair	SCOTT	1957	Swansea Otters	11.45.72	Sheffield	1996
D	40-44	Rhian	ANDREWS	1969	Cardiff Masters	11.37.45	Tollcross Glasgow	Jun-10
E	45-49	Stel	FARRAR	1959	Arfon Masters	11.13.46	WNP Swansea	Mar-08
F	50-54	Stel	FARRAR	1959	Arfon Masters	11.05.35	WNP Swansea	Mar-10
G	55-59	Julie	CRAYFORD	1948	CLAMS	11.57.05	Millau	Aug-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	12.49.62	Perth/Australia	Apr-08
J	65-69	Margaret	WEARE	1944	Caldicot	19.11.99	WNP Swansea	Mar-10
K	70-74	Edna	DILWORTH	1925	Arfon Masters	17.49.03	WEP Cardiff	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	20.21.55	Munich	2000
M	80-84							
N	85-89							
O	90-94							
1500m FREESTYLE								
S	18-24							
A	25-29	Rhiannon	SCOTT*	1982	Individual	24.23.88	WNP Swansea	Feb-09
B	30-34	Sian	CLEMENT	1977	Swansea Sharks	22.41.12	WNP Swansea	Mar-10
C	35-39							
D	40-44	Allie	PRICE	1965	Cardiff Masters	22.06.05	WNP Swansea	Feb-09
E	45-49	Stel	FARRAR	1959	Arfon Masters	21.21.13	WNP Swansea	Mar-07
F	50-54	Stel	FARRAR	1959	Arfon Masters	20.53.94	WNP Swansea	Mar-10
G	55-59	Julie	CRAYFORD	1948	CLAMS	23.10.03	WNP Swansea	Jun-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	24.25.41	Cardiff I.S.V.	Jun-09
J	65-69	Margaret	WEARE	1944	Caldicot	36.28.53	WNP Swansea	Mar-10
K	70-74	Edna	DILWORTH	1925	Arfon Masters	38.38.15	WEP Cardiff	1997
L	75-79							
M	80-84							
N	85-89							
O	90-94							
			* New Standard					
SMR	30/06/11							

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE	
50m BUTTERFLY								
S	18-24	Clare	GRUNDY	1982	I o Wight Masters	30.04	WNP Swansea	Mar-04
A	25-29	Maxine	LOCK	1967	CLAMS	29.67	WEP Cardiff	1996
B	30-34	Maxine	McKINNELL	1967	CLAMS	29.68	WEP Cardiff	1997
C	35-39	Kathryn	OWENS	1974	Swansea Masters	31.31	Cardiff I.S.V.	Jun-09
D	40-44	Allie	PRICE	1965	Cardiff Masters	32.75	Cardiff I.S.V.	Jun-09
E	45-49	Allie	PRICE	1965	Cardiff Masters	33.19	Cardiff I.S.V.	May-10
F	50-54	Julie	CRAYFORD	1948	Barry	36.40	Crystal Palace	2001
G	55-59	Julie	CRAYFORD	1948	CLAMS	37.37	WNP Swansea	Jun-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	37.91	Perth/Australia	Apr-08
J	65-69	Helen	HUGHES	1942	Arfon Masters	55.70	Cardiff I.S.V.	Jun-09
K	70-74	Edna	DILWORTH	1925	Arfon Masters	1.01.74	Sheffield	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	1.06.78	Munich	2000
M	80-84							
N	85-89							
O	90-94							
100m BUTTERFLY								
S	18-24	Sian	BOULTON	1986	Swansea Uni	1.07.26	WNP Swansea	Mar-07
A	25-29	Maxine	LOCK	1967	CLAMS	1.07.38	Sheffield	1996
B	30-34	Kathryn	OWENS	1974	C o Derby	1.09.07	WNP Swansea	Mar-04
C	35-39	Kathryn	OWENS	1974	Swansea Masters	1.14.51	Cardiff I.S.V.	May-09
D	40-44	Allie	PRICE	1965	Cardiff Masters	1.14.65	Cardiff I.S.V.	May-09
E	45-49	Allie	PRICE	1965	Cardiff Masters	1.15.29	Glasgow	Jun-10
F	50-54	Julie	CRAYFORD	1948	Barry	1.23.74	Crystal Palace	2002
G	55-59	Julie	CRAYFORD	1948	CLAMS	1.23.88	WNP Swansea	Jun-03
H	60-64	Julie	CRAYFORD	1948	CLAMS	1.30.75	Sydney/Australia	Oct-09
J	65-69	Margaret	WEARE*	1944	Caldicot	2.29.41	WNP Swansea	Feb-09
K	70-74							
L	75-79							
M	80-84							
N	85-89							
O	90-94							
200m BUTTERFLY								
S	18-24							
A	25-29	Sian	JENKINS	1972	Staines	2.53.82	Crystal Palace	2000
B	30-34	Sian	JENKINS	1972	Staines	2.38.13	Crystal Palace	2002
C	35-39	Anne	WILLIAMS	1957	Brecon	3.30.56	Sheffield	1996
D	40-44	Ceri	THOMAS	1965	Bridgend Cty	3.02.63	Cardiff I.S.V.	Jun-09
E	45-49	Stel	FARRAR	1959	Arfon Masters	3.20.13	WNP Swansea	Mar-08
F	50-54	Julie	CRAYFORD	1948	Barry	3.10.40	Glasgow	2001
G	55-59	Julie	CRAYFORD	1948	CLAMS	3.14.29	Riccione	Jun-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.36.29	Cadiz	Sep-09
J	65-69	Margaret	WEARE*	1944	Caldicot	5.40.99	WNP Swansea	Feb-09
K	70-74							
L	75-79							
M	80-84							
N	85-89							
O	90-94							
			*New Standard					
SMR	30/06/11							

